WELCOME

TO THE 24-7 ACADEMY



AT
WAVERLEY
ABBEY



24-7 Academy is a joint venture between:

24-7 PRAYER

WAVERLEY ABBEY

EMMAUS RD church

Lectio 365
Pray the Bible, every day.

SHAKE YOUR WORLD
SHAPE YOUR LIFE

You're standing on the threshold of a life-changing journey—a space designed for growth, discovery, and transformation. At the 24-7 Academy, we invite you to step into a rhythm of life that will deepen your relationship with God, awaken your heart and equip you to live a Jesus-centred life.

The 24-7 Academy is a 16-week residential leadership development programme for young adults aged 18-30.

Set on the historic grounds of **Waverley Abbey** in England, a sacred site of Christian prayer and worship for over 1,300 years, the 24-7 Academy offers an immersive experience rooted in the key values of the 24-7 Prayer movement: **prayer, mission and justice.**

This isn't just a learning experience—it's an opportunity to grow as a leader while discovering who God has uniquely created you to be in the world.





WHAT YOU'LL EXPERIENCE

You will join a cohort of 12 participants, living together in a monastic setting and becoming part of an intentional community of learning and practice.

You can expect to have plenty of fun, be challenged and supported, build lifelong friendships, and meet some truly incredible people along the way.

LIVING AT WAVERLEY ABBEY

At the 24-7 Academy, you'll share life with a vibrant group of like-hearted individuals from all around the world.

- **Shared Accommodation:** Living in community is a core part of the 24-7 Academy experience. Sharing space with others creates opportunities to grow in understanding, patience, and unity as you navigate life together with people from diverse cultures and backgrounds.
- **Shared Meals:** Dining together fosters a deep sense of community and joy. Mealtimes become sacred opportunities for connection, reflection, and celebration. You will also have opportunities to share meals with families from Emmaus Rd church and other 24-7 Prayer communities.
- **Waverley Abbey Community:** Live alongside the onsite **24-7 House of Prayer**, engaging in prayer rhythms and learning with this praying community.



PRAY. PLAY. OBEY

The 24-7 Academy's foundation is built around these three integrated rhythms, encouraging growth in every aspect of life:

PRAY

Daily rhythms of **Lectio 365**: Morning, midday, and evening prayer provide space to meditate on Scripture and invite God to speak.

Regular times of worship and ministry alongside the community at Waverley Abbey.

Rest - embrace weekly rhythms of rest and delight in God.

PLAY

Engage in creative and practical activities like gardening, sketching or group projects to experience joy and spiritual growth in everyday moments.

Share meals, go for a long walk in the woods with friends, sit around an open fire to share stories or go up to London for a day and explore!

Be part of the Emmaus Rd church community, worshipping together weekly and getting involved with the young adults ministry.

OBEY

Engage with world-class bible teaching and learn from practitioners.

Put your learning into action by serving others and discovering how God is calling you to make a difference.

IMMERSIVE AND PRESENT

The 24-7 Academy encourages participants to disconnect from everyday distractions and live fully in the moment.

To foster this, there will be times of **digital detox**, where we step away from screens to focus on spiritual growth and community. These moments will be managed safely, with emergency contact details provided for peace of mind.

We invite you to come ready to be fully present, open to God's work, and free from unnecessary distractions.

LEARNING TOGETHER

The 24-7 Academy offers a **broad and enriching learning experience** designed to:

- Expand your horizons.
- Equip you with practical leadership and spiritual tools.
- Provide a strong foundation for lifelong formation.

This isn't a traditional theology course, but rather an opportunity to explore a rich and diverse range of biblical teachings. You'll be introduced to a **wide breadth of topics**, drawn from various Christian traditions, providing a strong foundation for growth and discovery.

This learning experience goes beyond the classroom, incorporating artistic and spiritual formation practices that engage your whole being—body, heart, and mind

You'll be taught by world-class practitioners and bible teachers connected to the **24-7 Prayer movement**, **Emmaus Rd church** and **Waverley Abbey**, ensuring you receive from the very best.

KEY TOPICS INCLUDE:

- **The Presence Paradigm:** Living and leading with an awareness of God's presence.
- **Ignatian and Celtic spirituality:** Practices like Lectio Divina, the Examen, and the Rule of Life.
- **History and theology of revival:** Exploring how God has moved through history to shape the Church.
- The foundational stories of **24-7 Prayer**, **Emmaus Rd church**, **Waverley Abbey** and the **Order of the Mustard Seed.**

DEVELOPING LEADERSHIP SKILLS

As part of the 24-7 Academy, you'll engage in workshops and activities designed to develop your leadership potential and practical skills, such as:

- **Understand Yourself :** Learn about your personality, strengths, and how God has uniquely wired you to help on your formation journey of becoming more like Jesus.
- **Public Speaking:** Gain confidence in preparing and delivering sermons or talks.
- **Practical Leadership Skills:** Learn how to run a meeting effectively, facilitate discussions and create environments that inspire collaboration.



GUIDED PERSONAL DISCIPLESHIP

You'll be paired with a **personal mentor** who will journey alongside you for the 16 weeks, praying with and for you as well as offering regular 1:1 check-ins to support your spiritual growth and help you process your experiences.



LEARNING FROM REMARKABLE LEADERS

Throughout the programme, you will get to meet and ask questions to individuals who are making a profound impact for God's Kingdom—both within the local church and in areas such as the arts, business, and community transformation.

These times together will broaden your perspective and challenge you to see how faith influences every area of life.

SERVING TOGETHER

You'll have opportunities to put your learning into practice by serving with:

- **Emmaus Rd church:** Join thriving, multi-generational church communities in Guildford, Woking and Aldershot .
- **The Lighthouses:** Vibrant local social transformation hubs that host a range of projects to support, encourage and empower those who find themselves in need.
- **Waverley Abbey:** Working the land, creating a tangible connection to the historic and spiritual significance of this sacred space. Supporting community events and creating a welcoming space for people to encounter Jesus.



Some serving opportunities will be tailored to align with your experience, interests, and giftings. These will be discussed with you as part of creating a personalised development plan.

ADDITIONAL OPPORTUNITIES TO SERVE AND ATTEND EVENTS

Depending on scheduling, you may have the chance to attend and serve at major **24-7 Prayer events**, such as:

- **The Gathering**
- **Euroleaders**
- **Wildfires**

These events offer beautiful opportunities to connect with the wider 24-7 Prayer movement. While some serving opportunities may be available, participation may require additional funds for travel and accommodation.



THINGS YOU NEED TO KNOW



LOCATION

Waverley Abbey House, Farnham, Surrey, GU9 8EP, UK.

PROGRAMME DATES

- **Spring Cohort:** 7 Feb - 2 Jun 2027
- **Autumn Cohort:** 22 Aug - 10 Dec 2027

COST

£3,950 which includes:

- Accommodation
- Food
- Local travel during the programme
- All learning materials

ADDITIONAL COST

You'll need to cover travel to/from Waverley Abbey, visa costs, insurance and some personal spending money.

ELIGIBILITY

The 24-7 Academy is designed for individuals aged 18–30. However, we're open to considering applicants slightly outside this age range.

TIMELINE

Application deadline: Interviews begin on a rolling basis up to six months before the cohort starts, and participants are selected throughout that period. We encourage you to apply as soon as possible, particularly if you require a visa to attend.

As we assess and consider the dynamics of each cohort, we may ask if you would be open to joining a different cohort.

PROGRAMME FEES

The programme fee does not cover the full cost of the 24-7 Academy. This programme is generously subsidised by **24-7 Prayer, Emmaus Rd church, and Waverley Abbey**, who are committed to investing in the next generation of leaders.

Once you receive an invitation to join a cohort, you will need to confirm and secure your place with either the full amount or a **non-refundable deposit (£500)**.

We will provide you with the timeline for the remaining balance closer to the start date, or it can be requested sooner. The full balance will need to be paid before joining the 24-7 Academy.

6 FUNDRAISING GUIDELINES

1. If it's God's will for you to attend the 24-7 Academy, He will provide the finances.
2. The first way He will provide is by you selling anything you don't need. Maybe it's time for the old bike in the garage to find a new home?
3. Ask your loved ones, friends and church community if they'll support you. People often want to invest in your future.
4. Get a part-time job.
5. Start saving. This is a great use for the savings you have built up over time or money you can save by buying fewer coffees.
6. All these things create a breeding ground for God to do the miraculous.

INTERNATIONAL COMMUNITY

The 24-7 Academy welcomes participants from **all nations**, celebrating the richness of God reflected in each person's unique culture and perspective.

For international applicants, please check if you need a visa. The programme qualifies under the permitted activities for a **'Standard Visitor' visa**, but requirements depend on your nationality. Learn more **here**.

We're preparing a guide to help you navigate the visa process and will provide support along the way.



HOW TO APPLY

Apply online today at
24-7academy.com





We're praying for each of you as you consider joining us at the 24-7 Academy. We know this is a significant decision, and we're asking God to guide you every step of the way. This is very much a two-way process—we want to ensure that this is where God is leading both you and us. So, as you step into this process, know that we'll be praying and discerning together.

COME READY TO BE TRANSFORMED

The 24-7 Academy is not just a programme—it's a sacred invitation to a life of prayer, purpose and community. We can't wait to welcome you to Waverley Abbey!



QUESTIONS?

We're here to help!

Contact us at
24-7academy@waverleyabbey.org
for any questions.



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